



A Still Quiet Place: A Lenten Retreat

Saturday February 27, 2010

9:30am - 3:30 pm

Bethany House, Arlington, MA

All are welcome to join us as we contemplate the spirituality of stillness through prayer, reflection, meditation, scripture, song, and silence. Come awaken your innate capacity to be still and quiet in a busy life, which can bring forth the gifts of acceptance, compassion, presence, and letting go.

This retreat is facilitated by Mary Ann Christie Burnside, Ed.D., parishioner at Church of Our Redeemer and founder of Hearts and Minds, a Lexington-based educational organization

www.withheartsandminds.com

REGISTRATION ends Friday 02/12/10. Space is limited. \$20 per person; financial assistance available. To reserve your place at the retreat, please contact Emma at office@our-redeemer.net or call 781-862-6408 during business hours.

